



**North Carolina Department of Public Safety
Office of Staff Development & Training**

Juvenile Justice Officer Basic & In-Service Training

Essential Functions to Complete Mandated Training

Mental & Physical Expectations

1. The trainee is expected to be able to sit in a classroom and be attentive eight (8) hours.
2. The trainee is expected to be able to read and comprehend all classroom material which will include departmental policies.
3. The trainee is expected to be able to hear the instructions of course material including films/videos, and see dry erase boards, flipcharts, and any other audio visual equipment.
4. The trainee is expected to be able to verbally communicate with the instructor and other trainees.
5. The trainee is expected to be able to take notes in preparation for required testing.
6. The trainee is expected to be able to comprehend step-by-step procedures involved in overall center security.
7. The trainee is expected to be able to comprehend the definition of contraband as it relates to how juveniles may make or use contraband against the staff or for their own benefit.
8. The trainee is expected to be able to identify various drugs and visual signs of impairment.
9. The trainees are expected to stand, bend their knees, and squat down while maintaining their balance, and mentally focus on conducting a safe search of another person.
10. The trainee is expected to stand motionless with their arms outstretched horizontally to the floor for 2-5 minutes while being searched by a fellow trainee.
11. The trainee is expected to comprehend the definition of supervision as well as the fundamentals and techniques for major supervisory tasks.
12. The trainee is expected to be capable of understanding the need, coordination and implementation of various programs provided to the juvenile population and the relationship of the juvenile justice employee's role in their success.
13. The trainee is expected to be mentally prepared to discuss emotional subject matter of suicide and suicidal tendencies of juveniles, trauma and the impact of trauma, and adolescent sexual development.
14. The trainee is expected to be able to comprehend what center emergencies are and how they escalate.

15. The trainee is expected to be able to identify methods of preventing center emergencies and controlling disturbances.
16. The trainee is expected to have good verbal skills required in counseling juveniles.
17. The trainee is expected to be capable of comprehending division policies as they relate to use of restraints, use of radio, and transporting juveniles.
18. The trainee is required to identify various approved mechanical restraints.
19. The trainee is expected to stand, bend their knees, and squat down while maintaining their balance, in order to properly demonstrate the correct application and removal of handcuffs, waist chain and leg cuffs.
20. The trainee is expected to have the physical abilities to properly demonstrate CPR skills which involve the trainee getting on their knees on the floor, being able to properly position the manikin and adequately ventilate the manikin utilizing a barrier device.
21. Trainee is expected to comprehend legal responsibilities of the Juvenile Justice Officer in relationship to Health Services of the Division of Juvenile Justice.
22. Trainees must possess adequate writing skills to write mock reports on designated DJJ forms and demonstrate understanding of the forms to the satisfaction of the instructor. The trainee is expected to comprehend and demonstrate proper writing methods and techniques.
23. Verbal communication is required. Non-verbal communication skills include standing and positioning which necessitates the ability to move around during role plays.
24. Trainee is expected to be mentally and physically capable of hearing, comprehending, and performing the various restraints, controls, and defensive techniques at the required level of proficiency.
25. The trainee is expected to possess the stamina to exercise for a minimum of 15 minutes prior to performing the required psychomotor skills, such as RCDT. These exercises require that the trainee bend, twist, turn, squat, walk in place, stand, and lie on the mats, which works virtually every joint, muscle, and limb of the body, including the cardiovascular and respiratory systems.
26. The trainee is expected to possess the stamina to complete one (1) 40-45 minute session of circuit training exercises. These exercises require the trainee to bend, twist, turn, squat, walk in place, stand, run in place and utilize upper and lower body extremities to perform various exercises, which works virtually every joint, muscle, and limb of the body, including the cardiovascular and respiratory systems.
27. Trainee is expected to demonstrate the specific techniques on a fellow trainee. These control techniques consist of a series of wrist locks and wrist controls which cause a trainee's wrist and arms to be bent in various fashions in order to effect compliance and control through pain.
28. The trainee is expected to execute a take-down technique while maintaining proper control of the trainee and placing the fellow trainee in handcuffs, searching the fellow trainee with the use of both hands, taking the trainee to a seated position, and then to a standing position.

29. The trainee is expected to demonstrate an escort technique. Techniques require the participant to bend, twist, and squat, kneel, turn, pull, lie, sit, touch, and be touched. It requires the use of two hands in the control techniques. It may require that male and female participants search each other and work as partners.
30. The trainee is expected to execute break falls which requires the participant to fall backwards and forward from a sitting, squatting, kneeling and standing position and quickly return to the starting position. The trainee must be able to kneel, squat, and push up using both hands.
31. The trainee is expected to participate in ground defense which requires the trainee to be pinned down on the training mats by a classmate while trying to affect a release. The trainee is then required to perform the technique on assisting classmate. Techniques require the participant to bend, twist, and squat, kneel, turn, pull, lie, sit, touch, and be touched. It requires the use of two hands in the control techniques. It may require that male and female participants search each other and work as partners.
32. Trainee is expected to score a minimum of 70% on a one hundred (100) question, multiple choice examination.