



**NC DEPARTMENT OF PUBLIC SAFETY**  
Division of Adult Correction & Juvenile Justice  
**Basic Correctional Officer Training Course Syllabus**

**Total Hours: 160**

<b>Course</b>	<b>Hours</b>
<b>I. Firearms</b>	<b>26</b>
BCO 100 Firearms Safety	2
BCO 101 Handgun Familiarization/Proficiency	14.5
BCO 102 Shotgun Familiarization/Proficiency	6.5
BCO 103 Low/Limited Light	3
<b>II. Employee Relations</b>	<b>16</b>
BCO 110 The North Carolina Prisons Employee	2
BCO 111 Report Writing	2
BCO 112 You and the Law	4
BCO 113 Unlawful Workplace Harassment	2
BCO 114 Staff and Inmate Relations	4
BCO 115 Career Survival: Integrity and Ethics in the NC DPS Workplace	2
<b>III. Prison Operations</b>	<b>26</b>
BCO 120 Prison Security Functions and Procedures	4
BCO 121 Contraband and Techniques of Search	10
BCO 122 Hostage	2
BCO 123 Prison Emergencies: Prevention and Response	4
BCO 124 Transporting Inmates	6
<b>IV. Psychomotor Skills</b>	<b>42</b>
BCO 130 Basic Expandable Baton	6
BCO 131 Mechanical Restraints: Handcuffing	3
BCO 132 Tactical Handcuffing	3
BCO 133-1 CRDT	20
BCO 133-2 Edged Weapons Defense	3
BCO 133-3 Weapons Retention	2
BCO 134 Employee Fitness and Wellness	6



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<b>V. Basic Life Support</b>	<b>8</b>
BCO 135-1 CPR	4
BCO 135-2 First Aid	4
<b>VI. The Prison Culture</b>	<b>31</b>
BCO 140 Management & Supervision of Inmates	8
BCO 141 Understanding Inmate Behavior	11
BCO 142 Cultural Awareness	1
BCO 143 Security Threat Groups	4
BCO 144 Multi-Generational Workforce	3
BCO 145 Understanding Workplace Differences	4
<b>VII. Attachments</b>	<b>10</b>
BCO 001 E-Manual Orientation (1 Hour)	
BCO 002 Drill and Ceremonies (4 Hours)	
BCO 003 OSDT Exercise Program	
BCO 004 Procedures, Administrative Matters, Review and Testing	10