COMMUNITY SUPERVISION

Medication Assisted Treatment Initiative
JRC Meeting July 24th, 2024
Contacts: Karen Buck, EBP Manager and Sonya Brown, Social Work Administrator
Medication-Assisted Treatment Community Supervision Initiative

- The legislature appropriated $8 million dollars to fund MAT for individuals under supervision. The Division of Community Supervision worked with DHHS to identify counties with the highest need for expanded access to MAT for opioid use disorder and the LME-MCOs to identify non-profit providers. With this funding, treatment for opioid use disorder is provided at no cost to a person who is on probation, parole or post-release supervision.

- MAT is the use of medications, in combination with counseling, to provide a whole-patient approach to the treatment of substance use disorders and supportive services. Research shows that a combination of medication and therapy can successfully treat these disorders. MAT is also used to prevent or reduce opioid overdose.

- First services started in January 2023. Onboarded additional counties through June 2023.
Implementation steps

- Meeting with LME/MCOs to discuss the MAT pilots
- Introduce MAT providers to Probation District Managers
- Discussion included:
  - Streamline Referral process (Probation and TASC)
  - Communications (strategy for first meetings)
  - Monthly Data from the MAT programs
  - Team approach to treatment
  - Monthly Reports to Probation officers & TASC, if applicable

- County Kickoff Meetings
  - Meet with all staff (Provider, Probation and TASC)
  - Introduce the MAT provider
  - Explain their array of Services and medications offered
  - Discuss MAT medications (Methadone, Buprenorphine and Naltrexone) offered and how they work
  - Discuss the referral process (electronic) and how to reach clinic for specific date
  - Continued communications
    - Education (both sides)
    - Progress (treatment and supervision)
    - No shows
    - Pending referrals
Division 1
Craven: Trillium - PORT – operating
Onslow: Trillium - PORT – operating
Pitt: Trillium - PORT – operating
New Hanover: Trillium, PORT – operating
Wayne: Eastpointe, Waynesboro – operating
Division 2
Brunswick: Trillium - PORT – operating
Division 3
Forsyth: Partners - Insight – operating
Rowan: Vaya - Daymark – operating
Wilkes: Vaya - Daymark – operating
Division 4
Buncombe: Vaya - Insight – operating
Burke: Partners - McLeod – operating
Catawba: Partners - McLeod – operating
Cleveland: Partners - Phoenix – operating
Gaston: Partners - Phoenix – operating

Community Supervision MAT Initiative
for individuals on probation, parole or post-release
14 counties operating!

County selection based on legislative criteria: Tier 1 & 2 counties + highest need (drug use, SU violations, OD & ED data)
Benefits of MAT

“You are the first person to care. I really appreciate your help with my addiction. Thank you for referring me to the MAT program. It changed my life.”

“The clinic saved my life. Without this program, I would still be out on heroin.”

– Wilkes-Iredell MAT Probation program participants

MAT has proved to be clinically effective and provides a more comprehensive, individually tailored program of medication and therapy that addresses the needs of most patients. This treatment approach has been shown to:

✓ Improve patient survival
✓ Increase retention in treatment
✓ Decrease opiate use and other criminal activity among people with substance use disorders
✓ Increase patients’ ability to gain and maintain employment
✓ Improve birth outcomes among women who have substance use disorders and are pregnant
Most Recent Quarter - Status for all Cases

Community Supervision MAT Initiative
April-June Status

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Legend: Blue = April, Red = May, Green = June
Community Supervision MAT Initiative
Active Participants by Month in 2023
County and Program Start Date

- Pitt - Jan23
- Onslow - Jan23
- Craven - Feb23
- New Hanover - Mar23
- Forsyth - Apr23
- Catawba - Apr23
- Burke - Apr23
- Brunswick - May23
- Rowan - May23
- Wilkes - May23
- Wayne - May23
- Gaston - June23
- Cleveland - June23
- Buncombe - June23

Community Supervision MAT Initiative
Active Participants by Month 2024
County and Program start date

Successes from the Buncombe MAT provider – Insight Human Services

- Provided additional information/resources to gain identification/social security-4
- Referred for employment aid-9
- Referred for additional mental health-5
- Referred to detox and provided opportunity to re-engage in MAT after discharge-7
- Gained employment or promoted-5
- Achieved higher phase in drug court-3
- Reconnected with loved ones-3
- Sober for over 6 months-6
- Sober from opiates-8
- Re-established with dentist-4
- Maintained sobriety through medical procedure/healing process-5
- Compliance with DSS (Overnights with children and working on reunification)-1
- Completed TASC successfully-6
- Engaged with a gym-1
- Learning a new language-1
- Engaged with MRT-1
Success stories from Wayne MAT program

• **Client 1**: This client has been using heroin since 2014 after a traumatic event occurred. She was incarcerated June 2023 for a violation and started Methadone treatment. When released in August 2023 she started with the MAT program at Waynesboro Family Clinic. This client did experience a relapse while engaging in MAT but has remained compliant and consistent in their treatment and work towards recovery. This client also just completed their probation.

• **Client 2**: This client has been a long-standing history of Waynesboro Family Clinic and referred for MAT services January 2024. This client has been consistent and engaged in their various services at WFC and with all of their MAT services. MAT has assisted in this client maintaining their sobriety, obtaining full-time employment, completing probation and working towards gaining custody back of their children.
THANKS TO THE MAT PROVIDERS, TASC, PROBATION OFFICERS, CPPOS & MANAGERS ASSISTING WITH THE MAT PILOT IMPLEMENTATION AND WORKING AS A TEAM!

Karen Buck, Evidence Based Practice Administrator
Division Rehabilitation and Reentry
karen.buck@dac.nc.gov

Sonya Brown, Social Work Administrator
Community Supervision
Sonya.brown@dac.nc.gov