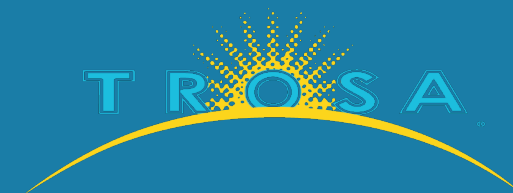




Welcome to TROSA!



www.trosainc.org



What is TROSA?

- Founded in 1994 as *Triangle Residential Options for Substance Abusers*
- State-licensed substance use disorder treatment program for men and women
- Multi-year, voluntary, evidence-based treatment program
- Last year, average daily population of 400+ residents (campuses in Durham and Winston-Salem)



TROSA Services

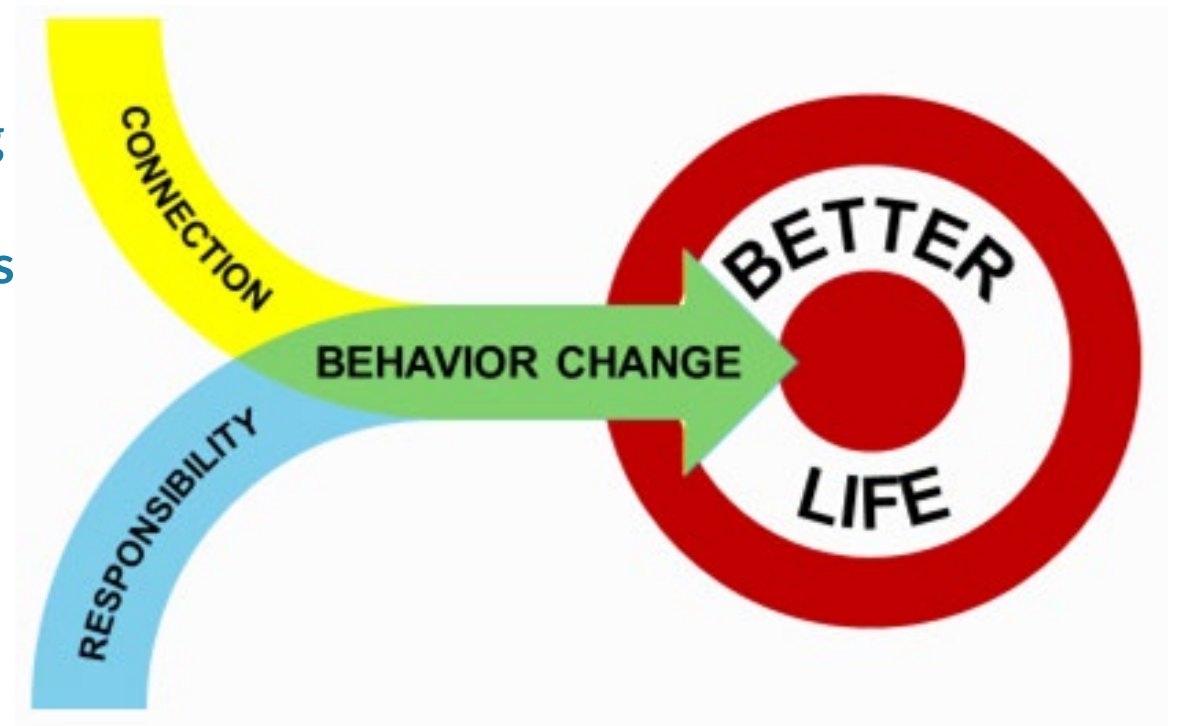
Provided at no charge to the individual:

- Housing, Food, Clothing & Daily Needs
- Health Services
- Mental Health Services
- Vocational and Life Skills Training
- Continuing Care post-program support for graduates

Why TROSA & How?

Adults with substance use disorder come to TROSA seeking a better life

- Requires changing their behaviors and thinking
- Taking responsibility for themselves and others
– *honesty & accountability*
- Learning to care about others



What is an MTC & How Does TROSA Fit?

What is a Modified Therapeutic Community (MTC)?

- A structured, long-term residential treatment model designed to help individuals overcome substance use disorder and behavioral challenges.
- Focus on community-based recovery: Residents support each other in accountability, behavior change, and emotional growth.
- Emphasizes peer mentorship, structured routines, and vocational training to develop life and job skills.
- Proven to be effective in reducing recidivism and sustaining long-term recovery.

How TROSA is a Modified Therapeutic Community

- Peer accountability & mentorship: Residents learn from and support each other.
- Behavioral therapy and structured routines: Encourages responsibility, honesty, and self-discipline.
- Vocational training & life skills: Prepares residents for employment and independent living.
- Comprehensive support services: Includes medical care, mental health services, education, and reentry support.
- TROSA's approach reduces relapse rates, increases employment rates, and significantly decreases criminal recidivism among graduates.

The Science Behind Long-Term Recovery & Recidivism Reduction

- MTC-based programs reduce recidivism rates by 30-50% compared to traditional treatments (NIDA).
- Success rate for short-term rehab (30-90 days): ~30%.
- Success rate for long-term programs (12+ months): 60%+ in sustained recovery.
- Individuals completing vocational training are 40% more likely to secure stable employment post-release.

TROSA's Reentry Support

- Employment Assistance: Job readiness training, employer partnerships.
- Housing Support: Transitional housing, continued case management.
- Financial Stability: Driver's licenses, banking skills, car assistance.
- Personal Development: Relapse prevention groups, mental health counseling.

TROSA's Impact

In FY23-24

- 98% of graduates had no new criminal convictions one year after completion.
- 96% of graduates remained in recovery one year post-program.
- Nearly 400 residents received one-on-one counseling or psychiatric care annually.
- 85 driver's licenses issued to assist with reentry in the past year.

How Organizations Can Work With TROSA

- Direct Referrals: Guiding clients through TROSA's intake process.
- Judicial & Probation Collaboration: Using TROSA as a reentry support model.
- Employer Partnerships: Hiring TROSA graduates.
- Funding & Grants: Supporting TROSA's mission through community funding.

Case Study: A TROSA Graduate's Success Story

- Background: Justice-involved individual with addiction history.
- Journey: Completed TROSA program, gained employment, secured stable housing.
- Outcome: Successful reintegration, long-term recovery, contributing to society.
- Key Takeaways: TROSA's impact in real-world success stories.

Q&A

- Thank you for attending!
- Questions on TROSA's model, reentry strategies, and partnership opportunities?
- Visit: www.trosainc.org for more information.